

# ***ROYAL CANADIAN AIR FORCE ASSOCIATION***



## ***783 (CALGARY) WING NOV/DEC 2016 NEWSLETTER***

***Wing Meets every fourth Monday at 285 Legion – Horton Road 7PM***



## MEET THE TEAM

PRESIDENT	Pat Sulek
HONOURARY PRESIDENT	Col. (Ret.d) Don Matthews
IMM. PAST PRESIDENT	Dave Watson
FIRST VICE PRESIDENT	Keith Mann
SECOND VICE PRESIDENT	Moe Hanberg
TREASURER	Kenn Nixon
SECRETARY	Charlene Mclean
PAST PRESIDENT CHAIR	Bev Spielman
CASINO CHAIRMAN	Lorie Gordon
SPECIAL PROJECTS	Pat Sulek
MEMBERSHIP	Anna Lewis
NEWSLETTER	Bev Spielman
HEALTH AND WELLNESS	Edith McMinn
SERGEANT AT ARMS	Art Hill
SOCIAL COORDINATOR	Muriel Mymko/Lois Maxwell
PUBLIC	Bob Wade/Adriano Fisico
285 LEGION LIASON	Kenn Nixon
MILITARY MUSEUM LIASON	Mike Ricketts
COMMUNICATION DIRECTOR	Sue Clarke





## PRESIDENT'S CORNER



Welcome to ? Winter ? Hope very one is keeping warm.

Well 783 Wing is off and running for another year.

Sept 18th the Wing held its annual Battle of Britain Parade at the Military Museums along with the many of Our six Air Cadet Squadrons in attendance. The guest of honour was Caroline Saunders Consul-General of Great Britain. Again this year, it was a great success thanks to Steve MacDonnell and his hard working committee. There were over 270 cadets and approximately 150 guests. Each year this special event is gathering more and more momentum and attendance is steadily Increasing.

Our first Oktoberfest was held October 9th and by everyone who attended it was full of fun and fantastic food. Thanks to Bev and her team, as always, for an afternoon full of good food, laughs and fun. Thank you so much Bev for all your hard work (and recipes). Hopefully next year will be even more memorable and held on a date away from the long weekend so more members and friends can attend.

Our first meeting was a very busy one as you can see from the minutes that have been distributed and we are all looking forward to our Christmas party in November along with a trip to Rosebud Theatre at the end of November.

Of course the Remembrance Day Committee is hard at work getting everything fine tuned for November 11th. I am hoping to see as many members as possible attend so please RSVP to Anna Lewis. That way we will have a count of how many members will be attending for the Reception following the Service.

Adriano Fisico has been very busy with his new portfolio as PR (print) as October is the membership drive. But as mentioned at our previous meeting, it is not only up to our PR and Membership people, it is up to ALL of us to bring in new members to join our group. As we are all aware, we are all becoming older and we need some younger people to join us to continue on the legacy that we have worked so hard to achieve such an active Wing. So please bring in some of your friends to join us.

Respectfully submitted

Pat Sulek  
President 783 (Calgary) Wing RCAFA



## GROUP PRESIDENTS MESSAGE

Steve MacDonnell

Greetings everyone. Actually my title has changed to National President of the RCAF, as to the meeting in London, Ontario. My thanks to everyone for the support you have shown and I look forward to serving all Wings in the coming year.

The future looks promising as members are being proactive and moving forward in a positive manner. We were very pleased to see Alberta receive some of the top awards. Congratulations to 702 Wing of the Year, Meritorious Service Award to Ken Lett, Christine Handler to Sue Clarke and the order of Excellence to Grant Whitson. All well deserved. Awards of merit and Award of distinction were handed out.

### **CANFORGEN 011/16 CMP 008/16 S 191728Z JAN 16**

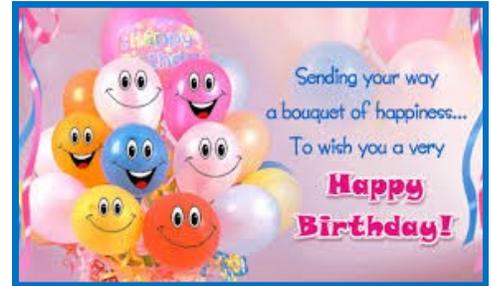
#### **TRANSITION FROM THE RECORD OF SERVICE (NDI 75) CARD**

UNCLASSIFIED

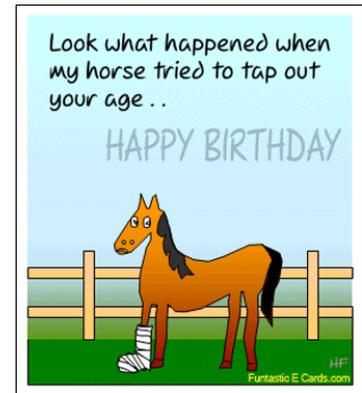
REFS: A. OP ORDER IMPLEMENTATION OF THE NEW CFONE CARD, 23 JUNE 2015 B. CFAO 15-2 C. MILITARY HUMAN RESOURCES RECORDS PROCEDURES

1. UNDERSTANDING THE NEED TO FULLY AND PROPERLY RECOGNIZE SERVING AND FORMER MEMBERS OF THE CANADIAN ARMED FORCES (CAF) AND THEIR FAMILIES, THE CAF WILL TRANSITION FROM THE RECORD OF SERVICE CARD (NDI75) TO THE CFONE CARD AS THE RECOGNITION CARD OF CHOICE. AS PART OF THIS TRANSITION, THE CAF WILL CEASE PROCESSING OF THE NDI 75 EFFECTIVE 1 FEBRUARY, 2016
2. THE CFONE CARD WILL BE AVAILABLE TO ALL SERVING AND FORMER MEMBERS OF THE CAF AND THEIR FAMILIES. VETERANS OF THE CAF WILL RECEIVE A SPECIALLY DESIGNED CARD THAT RIGHTFULLY DISTINGUISHES THEM AS A VETERAN OF THE CAF. DETAILS FOR HOW TO OBTAIN A CFONE CARD ARE AVAILABLE THROUGH CFMWS AND AT THE WEBSITE LOCATED AT [WWW.CF1FC.CA](http://WWW.CF1FC.CA)
3. WHILE THE NDI 75 CARD WILL NO LONGER BE IN PRODUCTION, THE CERTIFICATE OF SERVICE DOCUMENTATION (DND 2279 OR CF 707 AND CF 54) WILL CONTINUE TO BE PROVIDED TO ALL RETIRING AND TRANSITIONING MEMBERS OF THE CAF AS THEY FINALIZE THEIR ADMINISTRATIVE REQUIREMENTS PRIOR TO DEPARTING THE CAF
4. RESPECTIVE URS WILL CONTINUE TO PROVIDE THE DND 2279 AND CF 707 DOCUMENTS FOR MEMBERS WITH LESS THAN 10 YEARS OF SERVICE (YOS) AND DMCA WILL CONTINUE TO PROVIDE CF 54 FOR MEMBERS WITH MORE THAN 10 YOS. FOR MORE DETAILS PLEASE REFER TO COMMANDER MPC WEB PAGE OF THE MILITARY HUMAN RESOURCES RECORDS PROCEDURES PUBLICATION (MHRRP) [HTTP://UPKPROD.DESC.MIL.CA/HRMSP/ENG/DATA/TOC.HTML](http://UPKPROD.DESC.MIL.CA/HRMSP/ENG/DATA/TOC.HTML)
5. REQUESTS FOR INFORMATION REGARDING THE NEW CFONE CARD WILL BE REDIRECTED TO CFMWS WHO WILL PROVIDE MORE DETAILS WITHIN THE COMING WEEKS

Members are encouraged to send us "stuff", pictures, jokes, recipes and comments (nice ones only) and we will do our best to make sure these are included.



MARION	MASCARO	RUTH		8-Nov
BETTY	WONNACOTT			9-Nov
GORDON	HILL	M		11-Nov
WALTER	WAKULA			15-Nov
DONALD	WARD	E		18-Nov
STEPHEN	MACDON- NELL	KENNETH		20-Nov
DONALD	MATTHEWS			24-Nov
DOUGLAS	EAGLESHAM			26-Nov
LORNE	FLEMING			27-Nov
CYNTHIA	GUIDINGER			27-Nov
M	RICKETTS	J		28-Nov
EUGENE	KUSHNIR			2-Dec
KENNETH	NIXON	B		3-Dec
DAVID	LEGGO			5-Dec
CHARLIE- MAE	WILSON			5-Dec
MIKE	TER KUILE			6-Dec
THOM	GORDON			9-Dec
KENNETH	CARLIN			10-Dec
PATRICIA	MACLEAN			13-Dec
JOHN	TER KUILE	G		19-Dec
ARTHUR	HILL	C		23-Dec
ARLINE	CHARTIER	M		31-Dec



**BATTLE OF BRITIAN**



**EMCEE Steve MacDonnell**



**PRESIDENT Pat Sulek Laying a wreath on behalf of 783 WING**



**GREAT PICTURE OF OUR MEMBERS**



## OCTOBERFEST



Fun time, pictures are not named (to protect the innocent) Good food (thanks to Pat, Sue and Bev) and everyone who helped set up and clean up. The Wingding Jeopardy game was fun and the winners were the Hurricanes, Keith Mann, Jane MacDonnell and Barb Clifford. Prizes were awarded to all teams. Hopefully next year we can do it again, but will not schedule around Thanksgiving. (Check out the waitress on the lower left)



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Brian and Anna Lewis represented the RCAFA and the Air Cadet League recently in Saskatchewan handing out the Top Air Cadet Award to the following. The winner of the top Air Cadet got a ride in a TigerMoth which was a great thrill.





# Facts about Gold Star Families (USA) and Silver Cross Mothers (CDN)

The Gold Star Mothers was founded by Grace Darling Seibold of [Washington, D.C.](#)<sup>[2]</sup>

When the United States entered World War I in 1917, George Vaughn Seibold, 23, volunteered, requesting assignment in aviation. He was sent to Canada where he learned to fly British planes since the United States had neither an air force nor planes. Deployed to England, he was assigned to the British Royal Flying Corps with [148th Aero Squadron](#). With his squadron, he left for combat duty in France. He corresponded with his family regularly. His mother, Grace Darling Seibold, began to do community service by visiting returning servicemen in the hospitals.

The mail from George stopped. Since all aviators were under British control and authority, the United States could not help the Seibold family with any information about their son.

Grace continued to visit hospitalized veterans in the Washington area, clinging to the hope that her son might have been injured and returned to the United States without any identification. While working through her sorrow, she helped ease the pain of the many servicemen who returned so war-damaged that they were incapable of ever reaching normalcy.

But on October 11, 1918, George's wife in Chicago received a box marked "Effects of deceased Officer 1st Lt. George Vaughn Seibold". The Seibolds also received a confirmation of George's death on November 4 through a family member in Paris.

Grace, realizing that self-contained grief is self-destructive, devoted her time and efforts not only to working in the hospital but also to extending the hand of friendship to other mothers whose sons had lost their lives in military service.

She organized a group consisting solely of these special mothers, with the purpose of not only comforting each other, but giving loving care to hospitalized veterans confined in government hospitals far from home. The organization was named after the Gold Star that families hung in their windows in honor of the deceased veteran. After years of planning, June 4, 1928, twenty-five mothers met in Washington, DC to establish the national organization, American Gold Star Mothers, Inc.

On May 28, 1918, President Wilson approved a suggestion made by the Women's Committee of the Council of National Defenses that, instead of wearing conventional mourning for relatives who have died in the service of their country, American women should wear a black band on the left arm with a gilt star on the band for each member of the family who has given his life for the nation.

"The Service Flag displayed from homes, places of business, churches, schools, etc., to indicate the number of members of the family or organizations who are serving in the Armed Forces or who have died from such service. Service flags have a deep Blue Star for each living member in the service and a Gold Star for each member who has died." Thus, the Gold Star and the term Gold Star Mother, as applied to mothers whose sons or daughters died in World War I, were accepted; they have continued to be used in reference to all American military engagements since that time.



*GONE BUT NOT FORGOTTEN*

## The Silver Cross Story

• November 10, 2011 3:45 PM |

By [Stephanie Jenzer](#) The faces have changed over the years, their somber duty has not.

Every November 11th, at the eleventh hour, around the eleventh minute, one Canadian woman makes a short, laboured journey to the foot of the National War Memorial in Ottawa on behalf of all bereaved mothers.

For more than six decades now, a national representative tasked with carrying the burden of all Canadian families.

This Remembrance Day, as another National Silver Cross Mother lays a wreath in Ottawa, you might want to take note -- to remember not just Canada's sons and daughters who fell in war, but also the women who many believe sacrificed those children. They belong to Canadian history just as much as the country's war dead. And have a legacy all their own, one rarely examined and unique to this country.

The year was 1916. Canada was deep at war. And a fierce patriot - novelist and essayist William Alexander Fraser - formulated an idea. He proposed a tribute to mothers.

Fraser penned a letter published in the Toronto Star, suggesting a silver cross for the grief-stricken. "The mothers are the heroines of the bitter home trenches", he wrote. "They suffer in silence with no reward but the sense that they have answered the call with their heart's blood - their sons".

In the vernacular of the day, Fraser explained, "Men could take off their hats when they met a woman with this medal on her breast; they could get up, even if tired, and give her a seat on a crowded car."

Ottawa author and researcher Suzanne Evans says Fraser "put this idea of a noble, honourable sacrifice within a very accessible frame of reference, an every day frame of reference for a very war weary country."

Fraser's idea did strike a chord, and after following up with a letter to then Prime Minister Robert Borden, a tangible token of a mother's loss slowly took shape.

In 1919, the Great War over, the government of Canada instituted an award to both mothers and widows of Canadian soldiers who had died in active duty or whose deaths were later determined to be the result of active duty. Officially, the memento is called the Canadian Memorial Cross. In everyday conversations, it's become simply, the Silver Cross.

"It's the medal no one wants," says Evans. "But if you've gone through (a death), you don't want the memory of your child or husband or wife obliterated. So this is a public representation to honour their memory."

Eric Fernberg, a self-proclaimed enthusiast of Silver Cross history, calls it a "hometown story" unique to Canada. As a specialist in wartime dress and insignia, Fernberg personally manages the collection of Silver Crosses at the Canadian War Museum in Ottawa. While lauding the Cross's Canadian roots, he explains the idea has also been borrowed by other nations.

In 1947, New Zealand adopted a cross almost identical to Canada's. Then, a few years ago, Fernberg says, the Canadian War Museum hosted a fact-finding delegation from Great Britain. The result - the "Elizabeth Cross" was instituted in 2009. Similar in design to Canada's Silver Cross, it is bestowed on family members of British Armed Forces personnel killed since the Second World War.

"It's a legacy that is Canadian," says Fernberg. "And it's something we should all be proud of".

Canada's Silver Cross has changed its basic look only twice since 1919, each time with the coronation of a new British monarch. At the same time, every single Silver Cross is distinct, because the reverse is engraved with the name of the man or woman who died in service. The Royal Canadian Legion began naming a National representative for all Silver Cross Mothers in 1950, but not before thousands of bereaved Canadian women had already made their mark on the country's psyche.

Suzanne Evans points to the Canadian mothers who made a pilgrimage to Vimy France in 1936, their chests covered with silver crosses and the medals of their fallen sons, husbands or both.

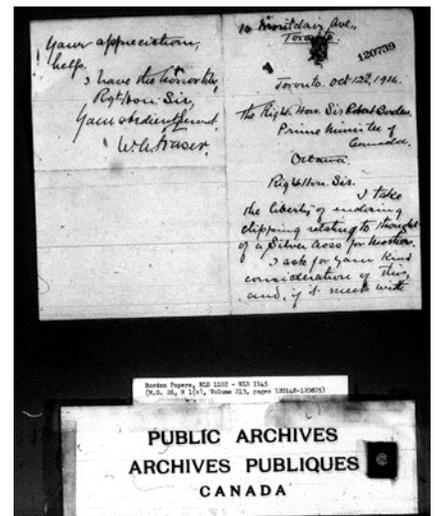
With the Second World War and the increasing number of war dead, local associations of silver cross women were formed across Canada, serving a real need in society, according to Evans. She says these women would get together to raise money for charities or to help each other, at a time when many had lost the main breadwinners in their families.

Times have certainly changed. And today, of course, it's not just mothers and widows who are eligible to receive the Silver Cross, it's fathers, husband, and others too.

The regulations that govern eligibility were amended a couple of times in recent years. And now the Silver Cross can be issued to up to three people as named by every service man or woman in Canada.

For now though, it's still a bereaved Silver Cross Mother you will see taking those symbolic steps to lay a wreath at the National War Memorial in Ottawa on Remembrance Day.

"One thing I think is interesting," says Suzanne Evans, "In that wreath laying ceremony, the Silver Cross Mother is second only to the Royal Representative. She comes ahead of the Government of Canada. So that's placing that role on a pretty high level for us to honour."



## TAKING A LOOK BACK

An airman being captured by Vietnamese in Truc Bach Lake, Hanoi in 1967.

The airman is John McCain



The London sky after a bombing and dogfight between British and German planes in 1940



Hitler's bunker



Nagasaki, 20 minutes after the atomic bombing in 1945



Winston Churchill taking a dip



Albert Einstein's office photographed on the day of his death



An aircraft crash on board during World War II



Brighton Swimming Club in 1863 **WOOOO – hotties!**



LAST POST In the last couple of months we  
have lost very valuable members



### David WATSON

WATSON, Dave George beloved husband of Elizabeth of Calgary, AB, passed away on Friday, November 4, 2016 at the age of 85 years. David George Watson was born and raised in Toronto. He joined the RCAF on December 11, 1953, served as a pilot and retired with the rank of Major on May 18, 1978. Dave continued as a commercial pilot in Yellowknife and Calgary until 2000. Dave was very active his whole life in astronomy, amateur radio, choir, band, with the United Church, Welsh Society, model railroading and sailing. He was very active in the RCAF Association, the Air Crew Association, and the Alberta Aviation Council where he served as president of all three organizations. He was a song writer/singer and played guitar, banjo, baritone, trombone, and harmonica. One of his joys was flying and fixing his private planes. Dave met Elizabeth at a dance in Red Deer 1954, and they were married in Lacombe on March 8, 1955. Together, they moved around the country before settling in Calgary in 1980. Dave was known as someone who was always willing to help others. He was a loyal and loving husband and a terrific father and grandfather. He loved camping with the family, especially with the grandchildren. Dave always had time for people and had a soft spot for dogs, ice cream and donuts. Dave is survived by his beloved wife of 61 years, Betty; four children, Ronald and his wife Judith, Bill and his wife Norma, Cindy and her husband Marcos Parrado, John and his wife Deb; grandchildren, Courtney (Tegan), Mallory, Jordan, Morgan, Taylor, Eliana, Tupaj, Stephen, Daniel, Graham, Paul, Evan; cousin Robert Jones and his wife Jan and their children Catherine and David; and numerous other relatives and friends. In lieu of flowers, memorial donations may be made directly to The Canadian Legacy Project, 210, 1235 – 17th Ave SW, Calgary, Alberta T2T 0C2 , [www.canadianlegacy.org](http://www.canadianlegacy.org) or to the charity of your choice. A celebration of Dave's life will be held at Woodcliff United Church (5010 Spruce Drive S.W.) on Tuesday, November 8, 2016 at 1:30 p.m. Condolences may be forwarded through [www.mcinnisandholloway.com](http://www.mcinnisandholloway.com). In living memory of David Watson, a tree will be planted at Fish Creek Provincial Park.

*Always on my mind  
Forever in my heart*



I have noticed recently that we have **not** been notified by the family of several of our members who have passed away. We now can provide a ceremony with in the funeral service to honour our fellow member. I would like to make sure that each of our members is aware of what we provide if the family and member wishes.

*Pat Sulek*



#### EXPLANATION OF WHAT WE CAN PROVIDE TO FAMILIES FOR FUNERALS

Honour Guard/Flag party for the service and at the grave side.\*

Provide a Poppy Pillow and poppies\*

Provide the Air Force Tartan large and small for the poppy pillow table/coffin.

Hand out poppies to all attending the service.

Provide and read the "Act Of Remembrance" \*

Any other duties as requested by the family.

\* We provide an Honour Guard/Flag Party as our way of showing respect and honour for our fallen member, as our final act, to protect them and guard them as they have done for our Country and fellow members.

\*The poppy pinning ceremony is provided by 783 Wing RCAFA to honour our fellow member and to say good-bye to a valued friend. Anyone wishing to join us will be invited to come and place the poppy on the poppy pillow prior to the end of the service.

\*The Act of Remembrance is said at every meeting, and Remembrance Day Service.

A member of the Wing will read this Act of Remembrance, if the family wishes.

Any other duties as requested by the family.

We can also provide a contact number for a Piper.



The Wing will be establishing a "Remembrance Plaque" in our showcase in the main auditorium of the Legion. This will commemorate all the Wing members who have passed away. This will be a permanent fixture. President Pat has initiated a remembrance pillow for the families of any of our members

Christmas Party

Good Times



Lorie Gordon and Charlene Mclean and their crew put on a great Christmas Party. The room looked very festive. They had lots of table games which I must admit challenged my brain. There was lots of fun prizes. The dinner as usual was excellent. We had a great time and are sure everyone else did.



More than 200 Cadets from both Canada and the United States came together to honour soldiers from both countries and to recognize a long standing alliance Saturday.

The *Honouring Allies and Remembering Together* (HART) ceremony recognizes the legacy and service of all veterans on both sides of the Canadian and United States border, particularly those who have made the ultimate sacrifice.

“It’s nice to thank them for their contributions, as well as be thanked for ours,” Matt DeMaere, a Royal Canadian Air Cadet, said.

From humble beginnings at the Coutts border crossing six-years ago, the ceremony has grown to the largest joint observance in North America. It attracts over 200 sea, air and army cadets from St. Albert, Alta. to Littleton, Colorado.

Our fellow Wing members of 783 drove to Lethbridge to join 702 Wing Lethbridge who supply the cadets, officers and visitors with their usual hospitality and provide lunch for all. Another show of support by the Wing for the cadet program.

- 2 cups water
- 2 cups uncooked instant rice
- 2 (10 ounce) cans chunk chicken, drained
- 1 (10.75 ounce) can condensed cream of mushroom soup
- 1 (10.75 ounce) can condensed cream of chicken soup
- 1/4 cup butter
- 1 cup milk
- 1 (16 ounce) package frozen chopped broccoli
- 1 small white onion, chopped
- 1 pound processed cheese food



## CHICKEN AND RICE

1. Preheat oven to 350 degrees F (175 degrees C).
2. In a medium saucepan, bring the water to a boil. Mix in the instant rice, cover, and remove from heat. Let stand 5 minutes.
3. In a 9x13 inch baking dish, mix the prepared rice, chicken, cream of mushroom soup, cream of chicken soup, butter, milk, broccoli, onion, and processed cheese. Bake in the preheated oven for 30 to 35 minutes, or until cheese is melted. Stir halfway through cooking to help cheese melt evenly.



**Prep Time 0 hr. 20 min.**

**Total Time 50 min.**

Part apple crumble, part creamy cheesecake - these Harvest-Time Apple Bars combine the best of two dessert recipes! You get a creamy filling with tender apples and a crumb topping in easy-to-make, easy-to-eat apple bars.

### 2 Cups Flour

- |                            |   |
|----------------------------|---|
| 1 cup packed brown sugar   | 3/4 cup granulated sugar, divided                               |
| 1-1/2 tsp. ground cinnamon | 1/2 cup cold butter   |
| 1 cup chopped walnuts      | 1 pkg. (250 g) <i>Philadelphia</i> Brick Cream Cheese, softened |
| 2 Tbsp. milk               | 1 egg, beaten   |
| 1/2 tsp. vanilla           | 3-1/2 cups chopped cooking apples                               |

### HEAT OVEN 350

Combine flour, brown sugar, 1/2 cup granulated sugar and cinnamon in large bowl. Cut in butter with pastry blender or 2 knives until mixture resembles coarse crumbs. Stir in nuts.

Reserve 2 cups crumb mixture; press remaining onto bottom of 13x9-inch pan sprayed with cooking spray.

Beat cream cheese and milk in medium bowl with mixer until blended. Add remaining granulated sugar, egg and vanilla; mix well. Pour over crust. Top with apples and reserved crumb mixture.

## **A LITTLE BIT OF HUMOUR**

No one believes seniors . . . Everyone thinks they are senile.

An elderly couple was celebrating their sixtieth anniversary. The couple had married as childhood sweethearts and had moved back to their old neighbourhood after they retired. Holding hands, they walked back to their old school. It was not locked, so they entered, and found the old desk they'd shared, where Jerry had carved I love you, Sally.

On their way back home, a bag of money fell out of an armored car, practically landing at their feet. Sally quickly picked it up and, not sure what to do with it, they took it home. There, she counted the money - fifty thousand dollars!

Jerry said, We've got to give it back..

Sally said, Finders keepers. She put the money back in the bag and hid it in their attic.

The next day, two police officers were canvassing the neighbourhood looking for the money, and knocked on their door. Pardon me, did either of you find a bag that fell out of an armored car yesterday?

Sally said, No.

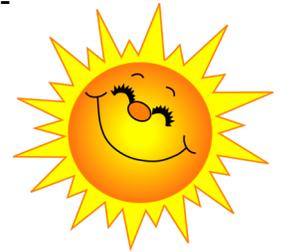
Jerry said, Shes lying. She hid it up in the attic.

Sally said, Don't believe him, he's getting senile

The agents turned to Jerry and began to question him.

One said: Tell us the story from the beginning.

Jerry said, Well, when Sally and I were walking home from school yesterday .....



## **Oldie thoughts for fellow seniors**

1. My goal for 2016 was to lose just 10 pounds. Only 15 to go.
2. I ate salad for dinner. Mostly croutons & tomatoes. Really just one big round crouton covered with tomato sauce. And cheese. FINE, it was a pizza. I ate a pizza for dinner.
3. I just did a week's worth of cardio after walking into a spider web.
5. I don't mean to brag, but I finished my 14-day diet food in 3 hours and 20 minutes.
6. A recent study has found women who carry a little extra weight live longer than men who mention it.
7. Kids today don't know how easy they have it. When I was young, I had to walk 9 feet through shag carpet to change the TV channel.
8. Senility has been a smooth transition for me.
9. Remember back when we were kids and every time it was below zero out they closed school? Me neither.
10. I may not be that funny or athletic or good looking or smart or talented. I forgot where I was going with this.
11. I love being over 60. I learn something new every day and forget 5 others.
12. A thief broke into my house last night. He started searching for money so I woke up and searched with him.
13. I think I'll just put an "Out of Order" sticker on my forehead and call it a day.
14. November 6, 2016 will be the end of Daylight Savings Time. Hope you don't forget to set your bathroom scale back 10

## Winter updates and odds and ends from your Wing!



**Marion Mascaro** is still collecting used stamps and would appreciate any you wish to donate bring them to the meeting.

Save all your pop can tabs for **Helen Hill**, they go towards the purchase of handicap wheel chairs for children.

We are looking for Stickers and Embellishments for our card making hobby and would appreciate any donations. **Bev and Sue**

If you know of anyone who is ill in the hospital or confined at home. Please let Edith McMinn Health and Wellness Chair know, so she can send a card on the Wings behalf.

Contributions to this page are greatly appreciated. We have lots of odds just need ends.



Notes of 285 Legion

Buffet every Friday

Dec 11—Dinner/Dance and old fashioned Sing a long.

Dec 31—NYE Party—Tickets required Call Branch 403 255 5772

**26th November—RoseBud Theatre**



**Jan meeting Jan 23rd**

