

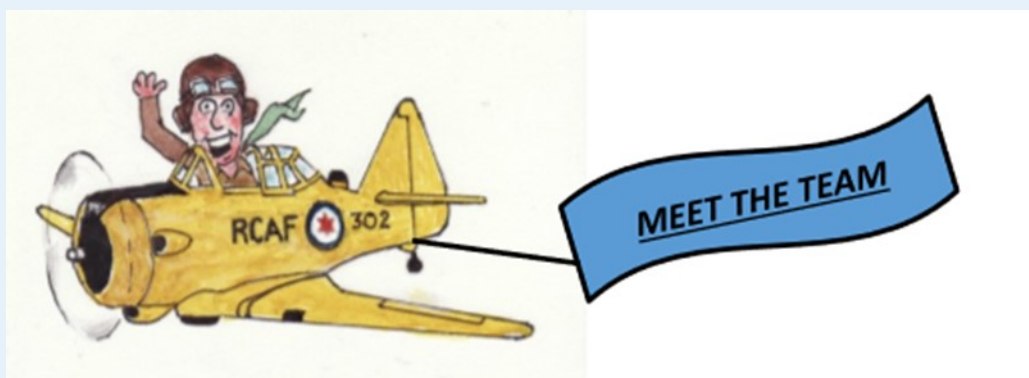
SPIRIT

783 (Calgary) Wing Newsletter
Jan/Feb, 2021 edition

***ROYAL CANADIAN
AIR FORCE
ASSOCIATION***



***Wing Meets every
4th Monday at 7pm
285 Legion Horton Road
(on hold due to COVID)***



Chairperson	Randy Fisher
Honorary Chairperson	Col (Retd) Don Matthews
Immediate Past Chairperson	Keith Mann
First Vice Chairperson	Rob Caswell
Second Vice Chairperson	Michelle Gerwing
Treasurer	Kenn Nixon
Secretary	Cecilia Brugma
Past Chairs Advisory Council	Pat Sulek
Casino Chairperson	Lorle Gordon
Friends of Col Belcher	Pat Sulek
Membership	Anna Lewis
Newsletter	Bev Spielman/Michelle Gerwing
Health and Wellness	Edith McMinn/Michele Henderson
Sergeant at Arms	Art Hill
Entertainment Chair	Muriel Mymko
Public Relations	Bob Wade
Military Museum Liaison	Mike Ricketts
Director at Large	Brian Lewis
Cadet Liaison	Kevin Knight
Advocacy	Scott Deederly
Historian	Grant Whitson
Webmaster/Social Media	Kent Anderson



Message from the Chairperson



Welcome to 2021! If you are like me, and probably the rest of the world, the start of 2021 was welcomed with open arms and a sense of optimism and hope. And while little has changed for many of us, beginning a new year is a perfect time for us all to look forward to new beginnings and, more than ever, the hope that 2021 will bring health, healing and prosperity to each member. Every day we power through with this pandemic is a step closer to the end of this unique time in history.

Meanwhile, a lot has changed since we last connected. First, the nation's two new vaccines have been received and are beginning to be administered, Our neighbours to the south have a new administration, and our very own Canadian Armed Forces have a new Chief Of Defence Staff. All this and so much more in the very short period since we last met. Proof for us all that with each passing day, things are continuing to move forward and changing.

In the spirit of change and renewed optimism, I am looking forward to reconnecting with you as we resume our virtual meetings and continue to plan for the successful relaunch of our in-person activities when it is safe to do so.

Until then, my wish for each of you is simple:

May you and yours remain healthy, happy and safe.
May the coming year bless you with prosperity
May it bring good luck to you and your loved ones

Per Ardua Ad Astra

Randy Fisher
Chairman

A Canadian astronaut will be on NASA's Artemis deep space lunar orbit

By Amanda Connolly Global News posted 16 Dec, 2020

One Canadian astronaut will be joining a record-setting voyage into deep space around the moon in the second phase of NASA's Artemis program, expected to launch in 2023. The major new public-private space program has the ambitious goal of taking humans back to the lunar surface – including the first woman to land on the moon – and keeping them there.

Innovation Minister Navdeep Bains made the announcement on Wednesday, saying the Canadian and American governments have signed a new treaty outlining Canadian participation in the Artemis missions and locking in a seat for a Canadian astronaut on the 2023 launch.

That agreement will make Canada the second country in history to have an astronaut travel into deep space and fly around the moon, and also locks in a second flight for a Canadian to the Lunar Gateway station which is still yet to be built.

In an interview with Global News, Bains said he also isn't ruling out the possibility of getting Canadians on future missions as well, including potentially the Artemis III moon landing voyage. "I won't close the door on that. We're still fairly optimistic. We want to continue to build on the momentum that we have when it comes to the investments we made in our space program," he said. "I'm very excited and over the moon."

The Canadian government has pledged \$1.9 billion to the Lunar Gateway project, which Bains said includes the cost of the seats on the Artemis II mission and to the Lunar Gateway itself.

The Canadian Space Agency has four active Canadian astronauts working at NASA's Johnson Space Center: Jeremy Hansen, Joshua Kutryk, Jennifer Sidey-Gibbons and David Saint-Jacques.

"I'm very excited about the opportunities that lie ahead for Canada," said Jeremy Hansen in a discussion among the astronauts that took place along with the announcement. Hansen compared the mission's significance with the Apollo 8 mission.

"This time when we return to the moon, our eyes are fixed back on our planet and the challenges that face us here," he said, emphasizing the huge amount of collaboration involved in the missions.

Jennifer Sidey-Gibbons also emphasized the scientific potential of the missions.

She said research on water and ice distribution on the moon, as well as being able to study implications of space environments for medical research and environmental science, will play a key part in helping shape the way forward towards travel further into the solar system.

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Bains added the voyages will offer "enormous opportunities" for Canadians to do cutting edge research and science on two key issues. "The two areas that we will focus on is the environment and looking at the impact of climate change on the Earth's atmosphere, as well as biomedical technologies," he said. "Now, more than ever with COVID-19, we know how important it is to look at cutting edge research when it comes to the health care challenges that we're facing."

NASA put the first men on the moon in the 1960s and 1970s but hasn't returned since.

The American space shuttle program collapsed in 2011 in the wake of the Challenger and Columbia disasters, and a lack of sustained funding for the program and its shuttles. However, an injection of money and technology from the private sector, as well as renewed political and strategic interest in space exploration, has spurred a major revival in recent years.

The Artemis missions have three core phases: Artemis I, Artemis II and Artemis III.

Artemis I will be an uncrewed maiden flight of the new Space Launch System and the Orion orbiter.

Artemis II, which will include a Canadian astronaut, will be the first crewed test flight of the system and orbiter, lasting 10 days and setting a new record for the farthest human travel from the Earth as four astronauts circle the moon twice

before returning to land.

Artemis III, expected to take place in 2024, will launch the first woman and next man to the surface of the moon using a new lunar landing system.

Lisa Campbell, president of the Canadian Space Agency, said the country has a “strong core” of astronauts ready to join the mission, but that there is no decision yet on who will be on the missions.



Col Jeremy Hanse, Jennifer Sidey-Gibbons, LCol Joshua Kytryk, David Saint-Jacques



Happy Birthday to you (Jan/Feb)

Margaret McAllister	2 Jan
Kris Van Apeldorn	2 Jan
Marie Harvey	9 Jan
Angele Mullins	11 Jan
Gary Gibson	14 Jan
Myra Empey	16 Jan
Michael Mullane	18 Jan
Kendra Fisher	19 Jan
Gord Todd	20 Jan
Keith Spielman	24 Jan
Brandon Lewis	30 Jan
Glenn Traub	3 Feb
Edith McMin	4 Feb
John Stanford	6 Feb
Francesca Fisico	9 Feb
Daphne Ter Kuile	19 Feb
Anna Lewis	22 Feb
Susan Clarke	23 Feb
Mike Inglis	27 Feb

Member Profile

PETER ALLEN MEMORIAL AWARD

Muriel Mymko has been a wing member for some years and received her Side Hill Gouger and Bar to the Gouger for previous achievements. She is a member of the executive and is responsible for making sure a monthly birthday cake is at each meeting, for the celebration of members' birthdays.

Muriel is a very willing and dedicated volunteer who is ready to help wherever she is needed. She is in charge of the phoning committee for members who do not have e-mails, keeping them aware of dates, meetings and other kinds of communication that they would otherwise miss.



When the call came out for volunteers for the National AGM, she was one of the first to sign up to help in any way she could. Muriel was selected to represent 783 Wing at the Annual General Meeting of Alberta Group in Edmonton, and she had considerable input in the sessions. Her cheerfulness and friendly demeanor are always at the fore and she makes everyone feel welcome.

She supports the wing fundraiser and attends several air cadet reviews. Muriel is the kind of volunteer that Peter said a wing must have in order to make a success for all members. We feel Muriel should be considered for this most prestigious award.

Recently Alberta Group Honorary Chair Bob Wade, and Group Secretary Bev Spielman visited Muriel, on behalf of Alberta Group Chair Mike Roy to present Muriel with her award. All social distancing was carried out. In the picture, Muriel's two sisters were watching from a safe distance.

Congratulations Muriel!!



HUMOUR

An older lady handed her bank card to a bank teller and said, "I would like to withdraw \$500". The teller told her, "For withdrawals less than \$2,000, please use the ATM."

The lady wanted to know why ...

The teller returned her bank card and irritably told her, "These are the rules. Please leave if there is no other matter. There is a line behind you."

The lady remained silent for a few seconds, then handed the card back to the teller and said, "Please help me withdraw all the money I have."

The teller was astonished when she checked the account balance. She nodded her head, leaned down and respectfully told her, "My apologies Ma'am, you have \$35 million in your account and our bank doesn't have so much cash currently. Could you make an appointment and come again tomorrow?"

The lady then asked how much she could withdraw immediately. The teller told her any amount up to \$250,000.

"Well, please let me have \$250,000 now", she requested. The teller did so quickly, then handed it very friendly and respectfully to her elderly client.

The lady put \$500 in her bag and asked the teller to deposit the balance of \$249,500 back into her account.

Don't be difficult with older people, they spent a lifetime learning the skills.



ENGINE POWER

Lots is good
More is better
Too much is just enough

Honeyed Pumpkin Pie

1 can (14 oz / 398 mL) pumpkin
1 cup (250 mL) evaporated milk
3/4 cup (175 mL) honey
2 tbsp (25 mL) sugar
3 eggs, beaten
2 tbsp (25 mL) flour
1 tsp (5 mL) cinnamon
1/2 tsp (2 mL) ginger
1/4 tsp (1 mL) nutmeg
1/4 tsp (1 mL) salt
1 tsp (5 mL) vanilla
1 unbaked 9 inch (23 cm) deep-dish pie shell
Whipped cream



In a bowl, whisk together the first 11 ingredients (pumpkin through vanilla) just until blended. Do not beat. Pour pumpkin mixture into pie shell. Bake at 400°F (200°C) for 40 to 45 minutes or until a knife inserted in the centre comes out clean. Cool pie on a rack. Refrigerate until serving or for up to 24 hours. Serve with whipped cream. Serves 8.

Scalloped Potatoes

¼ cup butter
1 large onion
2 cloves minced garlic
1/4 cup flour
2 cups milk
1 cup chicken broth
½ tsp salt
¼ tsp pepper
3 pound white potatoes sliced about 1/8 inch thick

Instructions

Preheat oven to 350°F.

Sauce

To make the sauce, melt butter, onion and garlic over medium low heat. Cook until onion is softened, about 3 minutes. Add flour and cook for 1-2 minutes.

Reduce heat to low. Combine milk and broth. Add a small amount at a time whisking to thicken. The mixture will become very thick, continue adding a little bit of liquid at a time whisking until smooth.

Once all of the liquid has been added, bring to a boil over medium heat while continuing to whisk. Stir in salt and pepper and let boil 1 minute.

Assembly

Grease a 9"x13" baking dish. Place ⅓ of the potatoes in the bottom and season with salt and pepper. Pour ⅓ of the cream sauce over top.

Repeat layers ending with cream sauce. Cover and bake for 45 minutes.



- ◇ The Rosebud Theatre trip will be postponed till next spring
- ◇ The Air Cadet Squadron cheque presentation will occur in person, but not until it is safe to do so



On particularly rough days when I'm sure I can't possibly endure, I like to remind myself that my track record for getting through bad days so far is 100% and that's pretty good!